

Rivers of Wellness Acupuncture
Ann Federowicz, LAc.
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Newbury, MA 01951
(978)-457-1769

Disclosure Statement and Consent Form

Education and Experience

Ann Federowicz earned her Master of Acupuncture degree from The Institute of Taoist Education and Acupuncture (ITEA) in May 2012. This 4 year program consisted of 1950 hours of study and 725 hours of clinical practice. She is certified as a Diplomate in Acupuncture by the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM). This includes certification in the Clean Needle Technique. Ann also treated clients at the Veteran's clinic on school site using the NADA protocol. Ann earned her Bachelor of Arts degree in Mathematics and Secondary Education at LeMoyne College in Syracuse, NY.

Ann is a member of the Acupuncture Association of Colorado in 2011-present and a member of the Acupuncture and Oriental Medicine Society of Massachusetts (AOMSM). She is a Licensed Acupuncturist in Massachusetts and a Licensed Massaged Therapist in Colorado. None of these licenses have been suspended or revoked.

This office complies with the rules and regulations promulgated by the Commonwealth of Massachusetts, including the proper cleaning and sterilization of needles used in the practice of acupuncture and the sanitation of acupuncture offices. Only single-use, disposable, factory-sterilized needles are utilized.

I understand that:

- Acupuncture is performed by the insertion of special needles through the skin or by applying heat with moxibustion or by any combination of the foregoing, at certain body points.
- I have been informed that acupuncture is a very safe method of treatment, but that certain side effects may result. These include, but are not limited to, temporary discomfort or pain, weakness, soreness, swelling, bleeding, dizziness, nausea, and localized bruising. Unusual risks are fainting and nerve damage. Very unusual and rare risks of acupuncture include spontaneous miscarriage, nerve damage and organ puncture, including pneumothorax. Potential risks of moxibustion include burns, blistering or scarring.
- I will notify the acupuncturist should I become pregnant or if I am in the process of trying to get pregnant so that the practitioner can avoid points that could induce miscarriage.
- My acupuncturist may review my medical records and lab reports, but all my records will be kept confidential.
- No guarantee is made concerning the outcome of these acupuncture treatments, and I may stop them at any time.
- In a professional relationship, sexual intimacy is never appropriate and should be reported to the Massachusetts Committee on Acupuncture of the Board of Registration.
- **The full treatment amount \$125.00 will be charged for cancellations less than 24 hours notice.**
- The practice of acupuncture is regulated by the Massachusetts Committee on Acupuncture of the Board of Registration in Medicine. If you have any questions about the practice of acupuncture, please call the Acupuncture and Oriental Society of Massachusetts at 617-340-9566.

I have carefully read and understood this document.

Print your name here

Signature and Date

Patient Policies

Please initial after you read each policy.

- Payment is due at the time of service. I accept cash or check. My policy is that my patients hold no outstanding balances for services rendered. _____
- Arrive on time
- If you are more than 15 minutes late, we will need to reschedule your appointment. This is considered a cancelled appointment and payment for the late cancel is required. _____
- **Appointments must be cancelled within a minimum of 24 hours notice. Without sufficient notice, we must charge you the intended cost of your session. Appointments need to be cancelled by phone, no email or texts.** _____
- If you are covered by insurance and you cancel an appointment late, you are responsible for the full cost of the treatment. We do not bill insurance companies for missed appointments. _____
- Emergencies happen! We reserve the right to determine the cause of an “emergency” to see if it should be charged as a missed appointment. Illness and injury are perfect reasons to COME to your appointment-there are many treatments for cold or flu or for a recent injury. _____
- To avoid disturbing other patients, please use a soft voice and refrain from using your cell phone. **In the treatment room, please turn off your cell phone.** _____
- Practitioners need to work in a deep state of relaxed awareness, and can affect your energy much more when you are in a similar state of quiet attention. Let the Practitioner guide the questions, so that the session stays on target.
- After your treatment, please do not linger in the treatment room to check your messages, etc. We will need to prepare the room for the next client. _____
- Bring your schedule, please try to book 3-5 sessions in advance. _____
- Diet: prescribed changes in your diet or exercise are to speed your recovery and enhance your state of wellness. Please communicate any problems you may have with your Practitioner’s recommendations so that they may be solved. _____
- Notify the office **by text or phone** if you are sick or need to reschedule your appointment. No emails. Infections and illnesses, such as colds, flus, ear infections and allergies are often easily treated if addressed within the first 24 hours of onset. If not immediately addressed, these conditions may prolong your progress. It is essential to let your Acupuncturist know of any health problems that arise, so that we can take appropriate action. _____

To prepare for your treatments:

- Avoid caffeine and alcohol on day of treatment
- Acupuncturists observe many useful things by seeing you as you truly are-warts and all. If your dark circles, dry skin, red rashes or bruises are covered up with make-up, we may miss some vital information. Deodorant is fine, but perfumes are not. Some clients who arrive for treatment are allergic to ingredients in perfumes, scented lotions and even essential oils.
- Please arrive 5-10 minutes early before your designated appointment time, allowing time to use the restroom and decompress before treatment. Your pulses will be more authentic and you will get better treatment results if you are relaxed.

I have read the above and understand and accept these policies.

Patient's Signature

Date

Patient's name (please print)